Procedures for Handling Blood and Body Fluids

DO NOT PERFORM FIRST AID OR CPR UNLESS YOU ARE CERTIFIED

Section A: Initial Contact with Body Fluids/Blood:
- Anyone not involved with administering first aid or cleanup will exit the area to avoid contact with blood and other potentially infectious materials.
- Person(s) administering first aid or cleanup:
  - Wear rubber or latex gloves and splash proof eyewear, available in first aid kits and laundry supply.
  - Cordon off the affected area.
  - Cover the spill with paper towels or use a spill kit, available at first aid kits, according to manufacturer directions.
  - If your skin is exposed to body fluids, wash affected area thoroughly with soap and water for at least 10 seconds.
  - If your eyes, mouth and/or mucous membranes are exposed to body fluids, rinse affected area(s) thoroughly with water for at least 10 seconds.
  - Blood contaminated items, such as gloves, bandages, clothing and paper towels, should be placed in a red blood-containment bag located in First Aid Rooms of P1, P2 and the P3 lab.
  - Report the incident to your supervisor.

Section B: Cleaning / Sanitizing after a Body Fluid/Blood Spill:
1. Wear rubber or latex gloves and splash proof eyewear while cleaning body fluids.
2. Clean the contaminated equipment/area immediately with soap and water followed by disinfections with a freshly made solution of 1 part bleach to 10 parts water. Make enough solution to clean all contaminated equipment / area surfaces and set some aside in a separate container to sterilize eyewear when cleanup is complete. Allow surfaces to air dry.
3. Place all contaminated articles into the red blood-containment bag, then place splash proof eyewear into the container of bleach solution described in (b) above. After thoroughly drenching eyewear, remove and allow to air dry.
   **Note:** If the amount of contaminated product is such that it cannot fit into the red blood-containment bag:
   a) Spray contaminated product with a solution of 1 part bleach to 10 parts water.
   b) Denature decontaminated product.
   c) Place decontaminated & denatured product into the wet dumpster.
4. Pull gloves off by the cuff so they turn inside out, being careful not to touch ungloved hand with any contaminated portion. Drop them in the red blood-containment bag and seal it closed.
5. Call Bio Med at 541-738-6460 to have the containment bag picked up (this phone number is also listed on the blood containment station). Bio Med will pick up the bag and leave a new replacement containment bag.

Notification:
Immediately notify your supervisor if you or someone else is injured at OFD. If blood or other potentially infectious materials are involved, the supervisor will assess the situation and establish a course of action.

DO NOT PLACE CONTAMINATED ARTICLES IN WASTE RECEPTACLES, DUMPSTERS OR LAUNDRY...

USE THE DESIGNATED BIO MED CONTAINMENT STATION.